

Zentangle

The Zentangle® Method is an easy to learn, fun, and relaxing way to create beautiful images by drawing structured patterns. Traditional Zentangle images are miniature pieces of abstract art created from simple patterns called tangles drawn on 3.5-inch square watercolor weight paper called tiles. Taking a class from a Certified Zentangle Teacher (CZT) is the best way to learn the history and process of creating these works of art.

Websites (essentials)

- Zentangle.com (Find a CZT in your area and order supplies from this site.)
- Tanglepatterns.com (thousands of patterns plus string ideas and videos)

Books (There are many. Choose books written by a CZT.)

- *The Great Zentangle Book* by Beate Winkler, CZT
- *Zentangle Basics* by Suzanne McNeill, CZT

Supplies (Inexpensive, easy to access, portable)

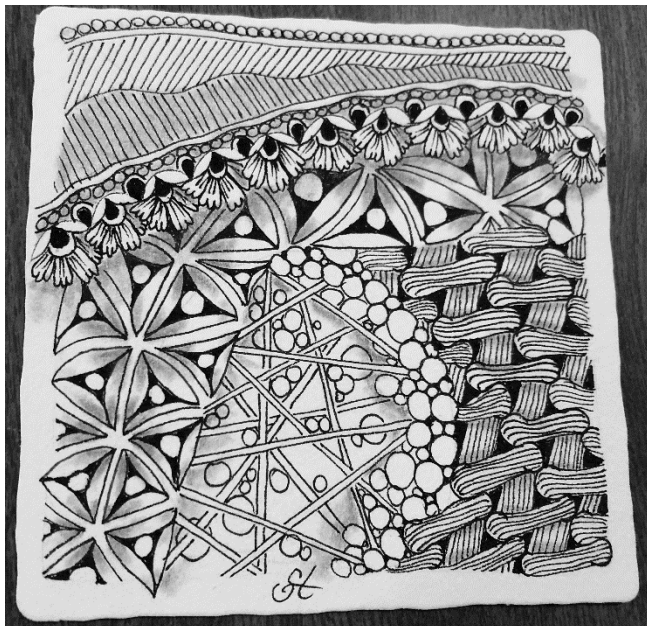
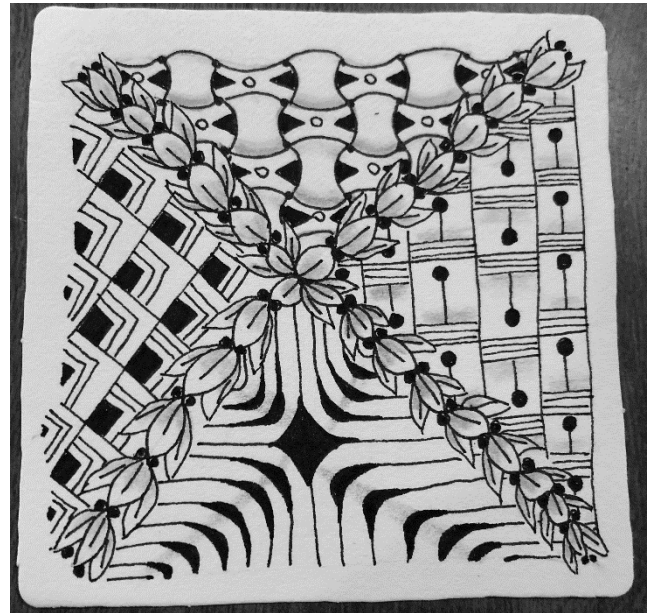
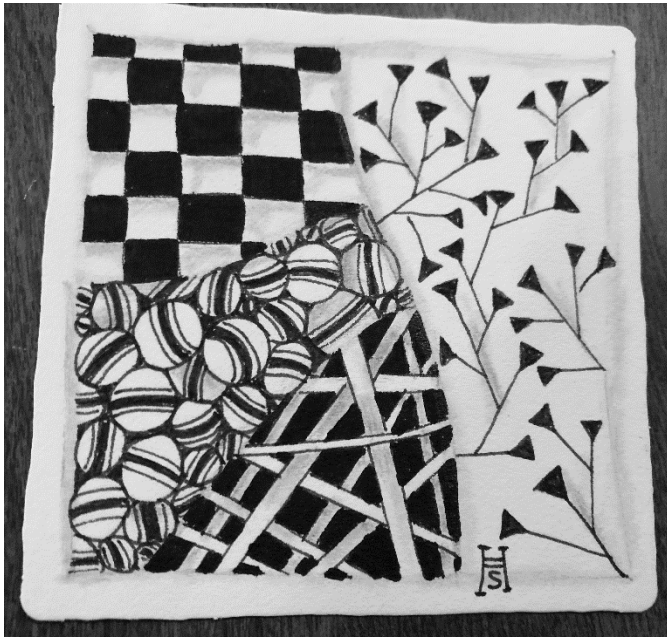
- Pencil, pen, smudger, paper
- Recommended pen: Micron 01 Black (Micron 08 for coloring)
- Smudger: tortillon, Q-tip, your finger
- Paper: index card, watercolor 140 weight, card stock, coasters, artist tiles, envelopes, copy paper, or whatever you have
- Recommended paper: Zentangle tiles (available from Zentangle.com, Amazon, Michael's, Hobby Lobby) (Official paper now comes in white, Renaissance tan, gray, black and in several sizes and shapes) Some CZTs also sell tiles they have created.

Free Zentangle Opportunities (There are many others. This is just a short list.)

- Zentangle Project Pack videos on YouTube. Although the packs are sold on Zentangle.com, the videos are free. You are encouraged to use whatever supplies you have on hand to complete the projects.
- Eni Oken's Art Raffle is a free app with Apple and Android versions. Once downloaded, click on the 3 dots, and then click on the help video to see how to use this amazing app.
- Melinda Barlow with YouTube videos and a Facebook page
- Vandana Krishna Art Studio YouTube videos (Also on Facebook and Instagram.)
- Angelina Arcari YouTube videos
- Ellen Wolters YouTube videos
- Whimsy by Kelly on Facebook
- Sandhya Manne String Safari on YouTube
- Tangle with Tracy Anne YouTube

- When you are ready to add color to your Zentangle tiles, Tangled Yogi by Romi Marks on YouTube has amazing videos.

Examples of traditional Zentangle tiles.



For more information about Zentangle, contact Shirl Hawes, CZT

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