

Resources to Create a Safe Environment

One of our members leads a diverse group of women that have been having deeper conversations for a while. I asked her to share any advice for preparing for our continued Deeper Conversations this coming year.

I plan to discuss her advice with members as we plan for the year.

These are the tenets of my group:

1. Acknowledge the existence of White Privilege
2. Attempt honest introspections
3. Have difficult and honest conversations with others
4. Be willing to make mistakes
5. Be an active part of a judgement-free environment
6. Develop new, diverse, and lasting relationships
7. Grow yourself and this sisterhood

I also highly recommend this book: https://www.amazon.com/You-Want-Talk-About-Race/dp/1580056776/ref=tmm_hrd_swatch_0?encoding=UTF8&qid=&sr=

Not only is it filled with wisdom from a Black woman's perspective as well as statistics and research, but it gives helpful discussion guidelines for having these kinds of conversations.